

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH  
PROGRAM SUPPORT BUREAU  
QUALITY IMPROVEMENT DIVISION**

**CULTURAL COMPETENCY COMMITTEE MEETING MINUTES**

**Date:** 10/9/13

**Present:** Andrea Nuttall, Torres Martinez Tribal TANF; Andy Vigil, Drew Child Development; Ann Lee, Long Beach-South Bay Geo Initiative; Haydeh Fakhrabadi, OASOC; Helena Ditko, ASOC Family engagement; James Randall, SA 2 Administration; Julie Loeb, PSB-CC/TIS Unit; Leticia Ximénez, Community and Government Relations Division, CCC Co-Chair; Mary Lopez, Torres Martinez Tribal TANF; Patricia Russell, SA 2; Phyllis Coto, LACC; Robert Coto, LACC Access; Roxana Linares, PSB-QID; Sharon Lyle, AAA UREP Co-Chair; Sandra Chang Ptasinski, PSB-QID; Scott Hanada, ASOC; Susan Moser, DMH-HRB; Sylvia Guerrero, PSB-CC/TIS Unit; Tomas Martinez, Pepperdine University; Trudy Washington, PSB-QID.

**Participants via WEBEX:** Bruce Wheatley; Chandler Norton; William Owens; Yvonne Lozano.

Agenda Items	Comments/Discussion/Recommendations/Conclusions	Action Item	Person(s) Responsible
<b>Welcome &amp; Introductions</b>	Attendee introductions		Co-chairs
<b>Review of Minutes</b>	9/11/13 minutes reviewed and approved.		Co-Chairs
<b>Ethnic Services Manager (ESM) Update</b>	<b>ESM update</b> <ul style="list-style-type: none"> <li>The Southern Region ESMs participated in a conference call on September 9<sup>th</sup>, 2013. The main topics discussed included:</li> </ul>		Sandra Chang-Ptasinski, Ph.D., PSB-QID

	<ul style="list-style-type: none"> <li>○ <u>The CRDP Strategic Plan</u> - has been developed and an advanced copy has been provided to the five authors of the CRDP Reports and DHCS for their review. This is to be followed by a 30-day public comment period.</li> <li>○ <u>The 2010 Cultural Competency Plan Requirements</u> - DHCS has a newly created Mental Health Services Division that is responsible for Title IX and CC Plan requirements. They are very close to developing a strategy for how the 2010 CC Plans will be utilized. Their resolution will be posted in on-line as an Information Notice within the next four weeks.</li> </ul> <ul style="list-style-type: none"> <li>● HELI Update – For this CiMH initiative, Counties were asked to select an on-going project that aims to reduce mental health disparities, has identifiable performance outcomes, and allows for tracking of progress made toward reduction of disparities. The project selected by the LACDMH Team is the Ethiopian Community Mental Health Training and Education. The Team is interested in finding out the applicability of the Promotores de Salud (Health Promoters) Model to other underserved populations. For this project, natural leaders from the Ethiopian community will be trained as “Ethiopian Community Advocates” to: <ul style="list-style-type: none"> <li>○ Deliver education workshops to the Ethiopian community and conduct culturally-relevant outreach including suicide prevention</li> <li>○ Create partnerships among LACDMH and community-based organizations that serve the</li> </ul> </li> </ul>		
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<p><b>2013 Workgroup Subcommittee Updates</b></p> <p>CRDP--Similarities and Differences Among Ethnic/Cultural Groups</p>	<ul style="list-style-type: none"> <li> <ul style="list-style-type: none"> <li>○ Ethiopian community</li> <li>○ Conduct mental health-geared self-help groups</li> </ul> </li> <li>• Additionally, CiMH is providing leadership training to all Teams; this includes reading the book Strength-Based Leadership by Tom Rath. Team members have also taken a leadership assessment to determine their top five strengths out of a list of 20. CiMH will work with all teams on how to apply their leadership strengths in the service of others and how to identify and utilize the strengths of their team members.</li> <li>• Dr. Borkheim updated the CCC members about recent activities of the CRDP Workgroup and discussed the evaluation ratings of the recent “Rites of Passage” in Childhood and Adolescence Speaker Presentation. Average evaluation ratings of the presentation were 1.5 on a scale from 1 to 5, with 1 being the highest rating. Dr. Borkheim introduced possible future projects for the CRDP and requested feedback from CCC members. The potential projects discussed included : <ul style="list-style-type: none"> <li>○ A panel speaker presentation focusing on consumers confronting stigma within their respective cultural groups</li> <li>○ Repeating the Rites of Passage in Childhood and Adolescence Speaker presentation with different speakers from different cultures</li> </ul> </li> </ul>		<p>Marc Borkheim, Ph.D., PSB-QID</p>
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<p>Family and Spirituality Training Recommendations</p>	<ul style="list-style-type: none"> <li>○ Expanding the Rites of Passage in Childhood and Adolescence Speaker Panel presentation into a conference in which related themes would be discussed</li> <li>• Dr. Borkheim stated that in the following weeks, the workgroup will be focusing on creating a PowerPoint presentation which will introduce the 5 CRDP reports to prospective audiences.</li> <li>• Dr. Lee provided the following update: Helena Ditko (DMH Adult System of Care - Office of Family Engagement) just finished another Family PsychoEducation (FPE) training with about 40 attendees. There are plans for 3 more already on the calendar for October 15<sup>th</sup>, December 9<sup>th</sup>, and January 21<sup>st</sup> (training bulletins were handed out). To date, 114 staff have been trained on FPE and 63 trained in the shorter Engaging Families training. OFE has a new goal for creating Family Advisory Boards in the works but is not sure if that will reflect to family trainings.</li> <li>• The training bulletin was sent to DMH everyone for the “Connections Between Mental Health, Spirituality, Religion, and Cultural Competency” training on November 21, 2013.</li> <li>• The API Mental Health annual conference is coming up on Friday, October 11<sup>th</sup> in Alhambra.</li> <li>• The Employee of the Year award celebration is</li> </ul>		<p>Ann E. Lee, Ph.D., Service Area 8 Administration</p>
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<p>Cultural Competency e-News Column</p> <p>Reduction of Criminalization via Needs Assessment</p> <p><b>Presentation</b> The Affordable Care Act and Health Care Reform, the Department of Health Services and Additional Resources Available</p>	<p>coming up on Thursday, October 10<sup>th</sup>.</p> <ul style="list-style-type: none"> <li>• The CCC e-News Workgroup continues to work on its goal and objectives. The workgroup continues to elicit relevant articles (including summaries of trainings and conferences) related to cultural competency from the CCC and others for publication.</li> <li>• Updated information not yet received for inclusion in the minutes.</li> <li>• Amy Luftig Viste's presentation included information regarding the following topics: <ul style="list-style-type: none"> <li>- Affordable Care Act (ACA)</li> <li>- Transition Timelines</li> <li>- The currently uninsured</li> <li>- New patient protections</li> <li>- Medi-Cal and Medicaid expansions</li> <li>- What is Covered CA</li> <li>- The individual mandate</li> <li>- Outreaching to the uninsured</li> <li>- The remaining uninsured</li> <li>- Available brochures in various languages and additional resources available.</li> </ul> </li> </ul>		<p>Leticia Ximenez, Psy. D. DMH-CGRD Office of the Director (CCC Co-Chair)</p> <p>Amy Luftig Viste, Principal Analyst Department of Health Services</p>
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<b>Next meeting</b>	Wednesday, Nov. 12 <sup>th</sup> 1:30pm to 3:30pm 550 S. Vermont Ave., 10 <sup>th</sup> Floor Conference Room		
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Respectfully Submitted,